

# fitnice

WALL

**FITNICE® WALL  
INSTALLATION MANUAL**

## VERIFICATION OF THE SURFACE

Please read the whole document before installing Fitnice® Wall. Not complying strictly with the following installation instructions will affect your warranty.

Installation must be carried out by an authorised installer.

Fitnice® Wall is suitable for residential and public spaces, including high traffic areas.

Fitnice® Wall is not suitable for spaces that are permanently or very frequently wet or outdoors.

### BEFORE INSTALLATION — GENERAL ADVICE

- Ensure that the chosen design and colour of Fitnice® Wall fulfills the requirements of the specific building or room, as well as local building regulations.
- When calculating the quantity of material required, take into account that the installation should be made using strips cut to the entire length of the height to be covered plus an additional 5 cm. Strips shorter than that length should not be used.
- Determine the direction in which the strips are to be laid.
- Planning the overall job timeline:
  - Fitnice® Wall installation should begin only after the building is fully enclosed (when the walls, windows, doors and roofing are completed).
  - Schedule wallcovering installation as the final phase of the project to avoid damaging it while other work is being done on the room. If this is not possible, be sure to protect it with a plastic sheet or cardboard.
  - In all cases it is advisable to install the Fitnice® Wall after painting the ceiling and other surfaces of the room.
- The installer must obtain detailed information related to the wall characteristics:
  - Evenness/smoothness of the surface
  - Surface composition
  - Humidity
- Bear in mind that Fitnice® Wall is a textile product in which slight colour irregularities and weft slope are not defects.
- Do not mix different lots.

The wall on which Fitnice® Wall is to be installed must be dry, clean, firm, absorbent, flat, even in colour and free of cracks. It must be completely free of previously used wall coverings and adhesives as well as rising damp, dust, loose parts and substances which may hinder bonding.

The base must be absorbent enough to allow good adhesion.

In case of extremely absorbent bases (for example wood) a primer must be applied before installing Fitnice® Wall.

In all cases, using a primer before installing the product is recommended. Follow the recommendations and advice of the adhesive and primer manufacturer.

Before starting the installation of Fitnice® Wall, we must be sure that the wall is free of humidity or cracks on the surface to be covered. They must be repaired before installation.

Keep the installation area at 18-25°C and the relative humidity below 60%. Also keep Fitnice® Wall rolls and adhesives at room temperature for at least 24 hours before installation.

Surface humidity must also be controlled. For cement plaster and concrete walls it should generally be a maximum of 2.5% to 3%. For gypsum-based plaster, maximum of 0.5%.

Note: in case of recently painted or plastered bases, humidity must be measured with a hydrometer. If this tool is not available -and in order to determine whether it is dry enough- the surface can be covered with a 50x50 cm plastic film sealed with adhesive tape for 24 hours. If, after this period of time has elapsed, there is moisture underneath the film, the room must be ventilated or heated to eliminate the excess.

## INSTALLATION

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### Preparation of the product

Before cutting, the installer must check the material in order to verify the following:

- Product and colour match the purchase order.
- Quantity delivered matches the purchase order.
- Dimensions and aspect are correct. In case of defects or damage during transport, please contact our sales team before cutting or installing the material. Vertisol will not accept claims on manipulated or installed material.
- To ensure a good colour match, check that all the rolls to cover a specific area have identical lot numbers.

As Fitnice® Wall is a woven material, some minor natural variations in colour and structure may occur between pieces.

Vertisol does not accept any responsibility for defects caused by incorrect handling or storage (e.g.: rolls stored vertically or without the original packaging or placing weight on the roll when the material is still rolled up).

Fitnice® Wall should be installed cut in strips to the entire length of the height to be covered plus an additional 5 cm, in order to compensate possible differences in height. It is advisable to leave each cut piece unrolled on a flat surface, design side up, for a minimum of 30 minutes before being installed.

### Adhesive application and installation

Before applying the adhesive, mark with pencil a vertical line that will guide the placement of the first strip.

Spread the adhesive regularly and directly over the surface using a roller. It is important not to leave lumps or excessive adhesive to avoid having to pass a roller several times over the same area in different directions without adding more product. The quantity of adhesive must be sufficient to adhere Fitnice® Wall without leaking out through the surface of the wall covering.

During the gluing phase, we recommend having a bucket of clean water, a sponge and a dry cloth on hand to

remove traces of glue, clean the tools or even wash your hands.

If the adhesive penetrates through the surface of Fitnice® Wall, it must be immediately cleaned using a damp cloth or a sponge and water when it is still wet. If it dries, use alcohol.

It is advisable to let the adhesive dry for approximately 15 minutes before proceeding with the installation of Fitnice® Wall. Check the adhesive manufacturer's instructions for more precise information.

Place the first strip of Fitnice® Wall on the wall along the line drawn earlier, considering that there should be leftover material on the corners as well as on the ceiling and floor. Press it using a wallpaper smoother to eliminate air bubbles and ensure good adherence along the entire surface.

Whenever possible, cover the outside corners. If this is not possible, a protection profile should be used. It is advisable to apply stronger glue in such corners to guarantee better adherence.

If necessary, the strips can be pinned to the wall at the top to aid installation. Pins can be easily removed afterwards.

Cut excess material at the top and bottom using a stiff guide and a utility knife.

The rest of the cut lengths must be installed following the previous process and bearing in mind that they must be installed in a direct joint (edge against edge), ensuring that the pattern coincides. **Double cut technique is not recommended.** The adhesive should not protrude at the joints. Press the joints using a seam roller.

In those cases where Fitnice® Wall does not cover the whole height of the wall, the use of a profile is recommended to protect the edges.

The recommended glues for installing Fitnice® Wall on surfaces with normal absorption (concrete, plaster) are:

- Tkrom Mural
- Forbo 565 Mural Plus
- Adesilex MT-32 (MAPEI)
- Ready Mixed Wallcovering Adhesive (Bartoline)